

Addressing the Problem of Preterm Birth in the Methodist Health System

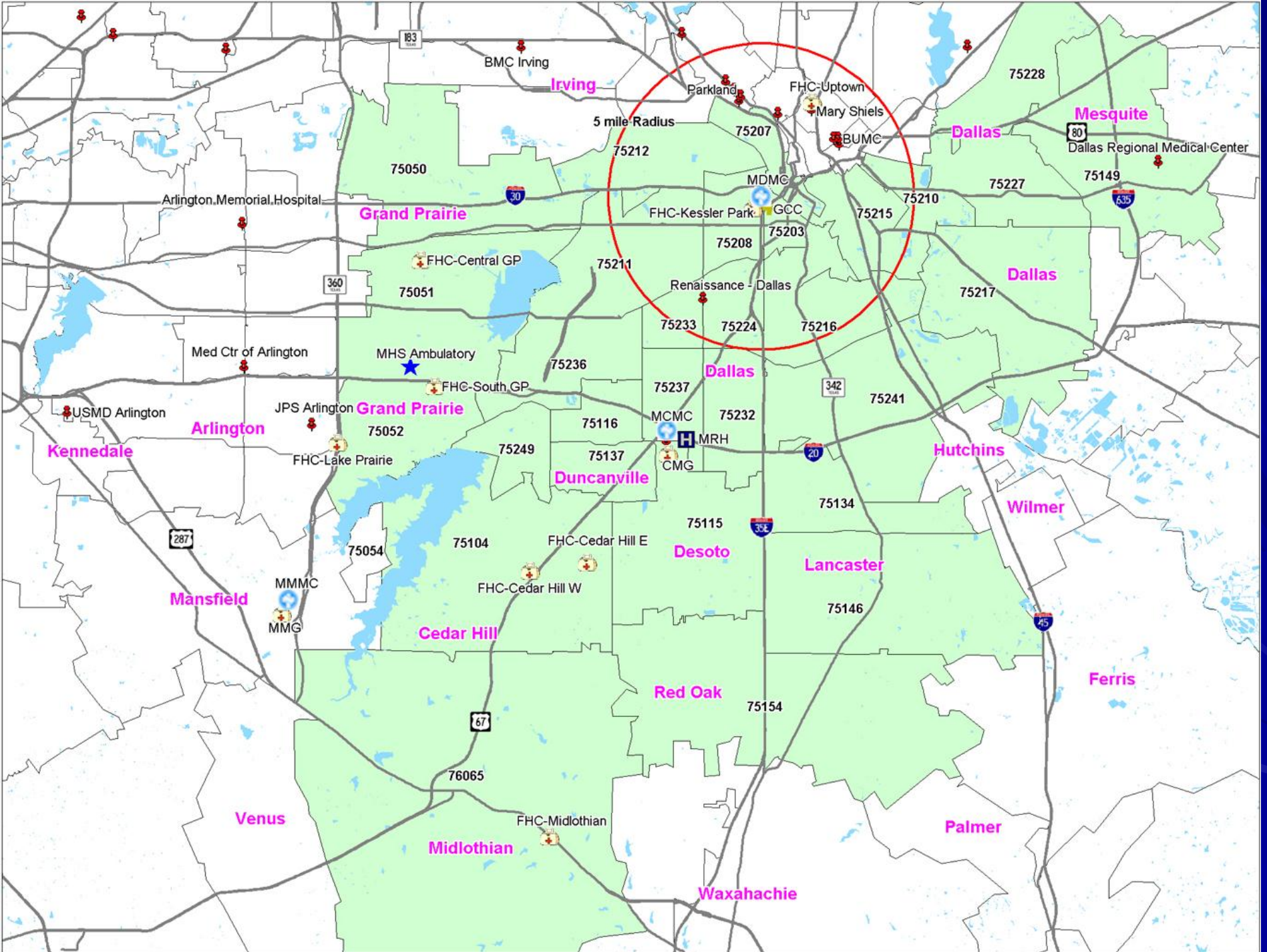
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Obstetrics and Gynecology
Methodist Health System Dallas





March
of Dimes

Saving babies, together





Methodist
Hospital



Methodist
DALLAS MEDICAL CENTER

Golden Cross Academic Clinic

Two individuals in white lab coats standing near the entrance.

The Area Dedicated by
Constantin Foundation

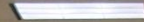
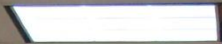


To
Lobby
↑

STAFF
ONLY

EXIT
↑ EXIT TO WAITING ROOM

EXIT







CENTERING: a model for group health care



**CenteringPregnanc
y[®]**



CenteringParenting[®]

CenteringPregnancy

- Model developed by Sharon Schindler Rising, CNM, MSN
- Piloted in 1993
- Rising published experience and outcomes in 1998
- Centering Healthcare Institute 2006

CenteringPregnancy

■ Group Structure

- 10-12 women and partners
- Similar gestational age
- Structured visits (8-10)
- Emphasis on self-care
- Individual time with provider followed by group time for facilitated discussion (90-120 min)

CenteringPregnancy

- Content of Prenatal Care:
 - Early and continual risk assessment
 - Education and health promotion
 - Medical and psychosocial intervention
 - Support
 - Follow up
 - Provided in timely manner with universal access

CenteringPregnancy

■ Provider benefits:

- Spend greater amount of time with patients
- Greater time for education, dialogue
- Patients have greater overall social support
- Increased satisfaction with delivery of care

Ickovics. Obst Gynecol, 2003

CenteringPregnancy

- Administrative benefits
 - Efficient use of provider time
 - Efficient use of space
 - Efficient use of provider resources

Baldwin. J Midwifery Womens Health, 2006

CenteringPregnancy

■ Patient Benefits:

- Increased satisfaction with prenatal care
- Increased readiness for birth and parenting
- Increased time with provider
- Spend time with women of similar gestational age

Ickovics. Obst Gynecol, 2003

CenteringPregnancy

- Impact on Perinatal Outcomes
 - Decreased rates of pre-term birth (33%)
 - Increased birth weights
 - Increased rates of breast feeding
 - Adherence to prenatal care visits

Ickovics. Obst Gynecol, 2003

Medical Education

- Addresses the core competencies of the ACGME
- Improves continuity of care in residency clinics
- Improves resident satisfaction with delivery of care



Methodist
Hospital





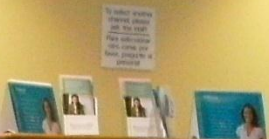








Play Area Donated by
Constantin Foundation





Adrienne

JENNIFER

Tanela

Dixie Parker

LEIGHTON K. BARRELL LEOPARD

Do not leave children unattended in play area

No deje a los niños solos en el area de juegos



Mirra Martinez



EDUARDO MARTINEZ

Cliff

BRING PREGNANT





















