

# Quick Guide

for Employees

UT SELECT™

Take full advantage of your benefits!



## Medical



Download app and connect with BCBSTX  
Providers and care at [bcbstx.com/ut](https://bcbstx.com/ut)  
24/7 Virtual Medical Care at [MDLIVE.com](https://MDLIVE.com)

## Prescription Drugs

Express Scripts  
By EVERNORTH

Save time & money with 90-day refills  
Compare the costs of your medications  
Manage prescriptions at [express-scripts.com](https://express-scripts.com)  
Find your prescription ID card

## Dental



Find A Dentist at [utbenefits.link/deltadental](https://utbenefits.link/deltadental)  
Find the Cost of Services for your PPO Plans & DeltaCare HMO Plan  
Learn About SmileWay Extended Benefits for Members With Certain Chronic Conditions

## Vision



Find a Doctor at [utbenefits.link/superiorvision](https://utbenefits.link/superiorvision)  
See your Costs for glasses and contacts  
Order glasses and contacts online

Medical and Prescription are UT SELECT plans powered by BCBSTX and Express Scripts. UT SELECT Medical and Prescription plans are self-funded by premiums paid by members, UT institutions, and the State of Texas.

**UT BENEFITS FOR ONE. HEALTH FOR UT SYSTEM.**